TOPIC: MENSTRUATION RITUAL- Silagnn

Date: 28 May 2019

Time: 11H55

Story told by: Pia Kavara

Fe male

Location: Corridor 18-Namibia

Age: 75

Story told in English

If a young girl gets her period, I mean her menstrual period for the first time. Then her grand mother

will be taking care of her. The girl must not be seen outside, she must stay in the house for one full

week. There she will be taught all the rules on how to behave as a grown up girl. This is because she

got her period and she is now a grown up. Some of the rules that she is taught is that she must not

play with boys. She must stick to one partner. When her menstruation is complete, there will be a

cultural performance for the girl. The elders will be dancing and praising the girl that she is now

beautiful and shining. After one week of the girl being in the house, the following week the girl won't

be doing any work. She will be applied medicine all over her body. Afterwards she will then be allowed

to do work at home.

!kung language Translation

Si!agnn

Oaqa //qae ka sili//aiii//am si//hau ke, Oaga //qae ≠qan kin!antiliti, ee ≠au ke like n//ae sue, ka

loeke sue, ee /eng si //hau ki tam ee /eng ee si kuro ki si/qann n! qxae, // hau ki si /au li tam ke ee //ai

n ≠aan, ki Nama li Oaqa //oa≠l ma'a tie e ≠aan ki /ai lisiq//ann ma'a ≠oan, ee ke silann ka n/oane ti,

tuu ke /ama kn !xamta uu ke g/xann, uu ki n≠qai ki n//ae sue ee ki≠qae ke n//ae sue ti, ee //oa si

g/aan ka tenn //aan, ee ki /asitama ka su/ana ee ke n≠ae n≠qa ke n//hae sue.

TOPIC: JACKAL AND HYENA

Date: 28 May 2019

Time: 13H42

Story told by: Kooper Wynand

Male

Location: Namibia

Age: 73

Story told in English

Once upon a time, there was a jackal and a hyena. The jackal was very clever as he used to eat the

white man's goats and sheep. Then one day, the white man caught the jackal while he was eating his

sheep. The white man tied him in a bag of porridge to kill the jackal later because he was busy counting

his sheep and goats. One day it happened that the hyena was passing by, the jackal called the hyena.

The jackal asked the hyena, "My friend, don't you want to marry the white man's daughter?" The

hyena agreed to marry the white man's daughter with his whole heart. The hyena then asked the

jackal why is he tied up in a porridge bag? The jackal told the hyena lies. The hyena then untied the

jackal loose from the bag of porridge. Because the jackal is clever, he now instead tied the hyena in

the bag of porridge. The jackal left the scene before the white man returns. The white man accused

the hyena of stealing his livestock. The hyena was blamed for stealing the white man's goats and

sheep. He was killed by the white man. That is the end of the story.

!kung translation

Thshee //aqinn qaqe ke g/ou-qxou lin//iunn g/ou-qxou ee qaqe siea n/huun ke marike /a n≠ahan

//ang haqa n/huun ≠qai/ui q/ou-gxou ee ue si ea n≠hare, n/huun ≠qaig/ou-gxou nn uqru kn g/a hu

sue nnope /ann sue ii n/eng qagii n/huun ≠opaisi n!aan knn marike /a n≠ahan, n/hunn ≠opaisi /os g/ou-

gxou ≠aqi ≠ese n/hunn nn nOahi sai n/eng n//ai ai //au si !ona ki si/agnn

n/hunn n≠aqa n/eng nn si lona ke n/huun Oaa kn /'ana khuka aan, //ae ke n/hunn nOahisai g/ou-

qxou n/eng thee ka lii ka n/a u sue kann, n/hunn ≠aqa uqru ka g/ahu sue ee n//aha ke n/huun ke //ahi

ke n/hunn ea n≠aa ke ki n/huun ee ≠ahqi sainn ka qayin/hunn.

TOPIC: MARRIED LIFE IN THE OLD DAYS

Date: 28 May 2019

Time: 14H38

Story told by: Toto Anton

Fe male

Location: Corridor 18-Namibia

Age: 57

Original !kung Story

Ke korin//ahisi/qann ma'a qae ka sai !ona ka n/hana tan ki ee qae //aha /uhre sain/ahna, tuu g! xahbu

ku qae sai /ui si//xheqi /e si/aqnn ma'a, si//ahxe ma'a ka kui n/hare

Si/agnn ma'a ka, knn kori sai ke kann ka tuu gae //ai si n/hana

Ka kerkete sai //aa /ii sin/heng ka korike ka knn, korika ke si//xhai qae ka sin/hana ee qae si qaye

//hoa, tuu !xahbu uu ke n/hann n/heng si//ahxe ke ku saiaan ku Oaa ke ann ke kori n//hai si//haxe

gae sai n//hae si/agnn ee n/heng n!ahnsi /"ae, si/agnn ≠ann ke si !ghai ki.

English Translation

In the olden days when a young girl wanted to get married. She was not married at her own will. Her

grandparents would look for her a young man that was ready to marry. The young man who was

willing to marry that young girl, traditional marriage rites were performed. There were no church

marriages as we now see in this new generation. Some of the traditional practice was for the man to

go to hunt and kill a springbok. The grandparents and the girl's family will see that he is a man enough.

This is proof that he will take good care of their daughter. The man who marries a woman had to be

willing to support the woman he marries. In addition to that, the man had to be a hunter.

TOPIC: HOW THE !XOO WERE CREATED BY GOD (Creation Myth)

Date: 28 May 2019

Time: 11H55

Story told by: Sara Isaaks

Fe male

Location: Corridor 18-Namibia

Age: 60

Story told in English

God first created animals. From animals, God then saw that he has to create a person. God created a

person from an animal. This animal was called a springbok. Because God wanted a living person that

has a soft skin so God created a bushman. From this bushman that God created, He told that bushman

that he will be speaking the San language. That is when God created many San languages for the San

people. The San did not have any place to stay, so that is why they were migrating from place to place

until they settled down at one place. The San men were living on hunting while the women were

gathering wild fruit. The animals were meant for the San people to eat since God created the San for

that purpose. God created the animals with languages that they can use to talk to the San people.

That is why God created the San people from animals.

Original !xung story

!xonyake qai hoo kuru ku tan ki g!huu ke. G!huu qai ≠″uka kuru sitani N!″aanti-saa /aan, G!huu Ii ≠haa

n/ang kuru ke taa. Taa qae k eke. Qoga kuri ke ee qoqa kuri k eke //oa. N//aaki G!huu qoqa si n!uni

taa ke sitshun ke, ee ≠haa kura ka !xung. Ee ≠haa kuri kituu //'ari ku /''aan ka G!xara kaan, !xunyo ke

qoqa //"aa kituu /"ai ku si /"ai ki. Uu qaisi ku /"aa si n/"aa ku qaisi g!ahe. ke Uu qaisiaa n N!"aa ntisa'ar

ka aansa, G!huu qaika u Ghaikik uru ke taa ke.

TOPIC: GIVING BIRTH OF THE SAN PEOPLE

Date: 30 May 2019

Time: 08H29

Story told by: Agnes Tsame

Fe male

Location: Corridor 18-Namibia

Age: 81

English Translation

When a woman was giving birth in the olden days, it was the duty of her grand mother to take good

care of her. When she was ready to give birth she would tell the grandmother. She would massage

her until she gives birth. After the woman gives birth, the grand mother gives the child to the mother

while the grandmother continues to remove the placenta with a sharp stick made from berry fruit

tree. In those days since there were no clothes, the San used animal skins to cover themselves. The

newbornbaby was covered too in animal skin.

Original ! kung Story

Taa /aqhi qaqa ka si /hhama ki kuri g /ahi. Ee /hhann ke qai si /a' /a' e' n/'ai si g/hau ke, Eek a tshoa ki

ka si si /hhama ke, ee qai si lobe ke /hhmee n/ai lobe ke qary Uu r/ai ka si /hhama ke. Uu ki qx'oe'

Oquqe N≠uqung /'ae' n/aa', N/'aa'ka G!xare qai /"aaka ki kuri qai kii. Uu ki ≠haa N!ohe /"ang ≠oqm

≠'ai/'aan.



TOPIC: ELEPHANT AND JACK AL

Date: 30 May 2019

Time: 11H55

Story told by: Blou Bok Kana

Male

Location: Corridor 18-Namibia

Age: 50

Original !kung story

Tshaiq/haitainn kiglou-gqxo /ae ≠habe ee, qoqa saa n/aisisarike ≠habe, Uu qoqa !'ang /"am ke g/ou-gcxou !o" he ki≠habe nn N/ang aa//'oa' si≠uhum n/ang kisiG!'oa' ka a saxu ke. Vhabe ≠haa n/Oahisi g/ou-goxou nn n/ang aa noahong aa kau /"aisa Aa ku hau n/ang aa ki si!'oa' thaa-kaan g/ougqxo /"a'l≠habe≠haa /h'ao'. Uu qoqa≠"aa ku n/amitunu !axa kiG! ubiso e ke. Xata lika g/aqhig!x"om ki n/ang n/ae ha ke si!"oo ke. Tshai ki /uri Ee qoqa gqx'au qxaba Nn saa ke ≠habe Uu n/ai si tshoatshoa n/ai, xata g/ou-gqou qoqa kuri ki Ghaa /ae ≠habe. Nn /ai /hhai ee n/ai g/aqhi g!x'om ke ee ki /"aixata g/lou-gqxou iiqaik urik i Ghaa /ae ≠habe ee ≠haa kaa ke tam nn n/an gee kisiG!o'a //am sa

English Translation

≠haa/uni.

Once upon a time there was a jackal and an elephant. One day the jackal decided to go to visit the elephant. While they were sitting together the jackal told the elephant that "don't you believe that I am stronger than you"? The elephant commented, "With that small body of yours do you want to tell me that you are stronger than me. Mxxxxm, go tell that lie to your friend not me". Then the jackal and the elephant decided to have a deal. The deal was to throw one another into the river, but they will have to pull a rope against each other to establish who was the strongest, suggested the jackal. They both agreed. The jackal woke up in the morning because he had to go to awaken the elephant so that they can start the contest they agreed on. Instead of the jackal pulling the rope, he arranged with the rhino that he must be the one pulling the rope for him. The rhino was to hide because the elephant was not supposed to see or know who is on the other end of the rope. So the battle began when the jackal told the elephant that he will shake the rope to begin pulling. While the elephant and the rhino were pulling the rope, the jackal went to cut the rope and the elephant fell into the river. The jackal started laughing out loud and telling the elephant that "yaa hahaha, yooo, elephant my friend I told you that with this small body of mine I will manage to kill you".



TOPIC: Ii /aa Khoxa Sofia Jakobs

Date: 30 May 2019

Time: 13H26

Story told by: Frieda Tsame

Fe male

Location: Corridor 18-Namibia

Age: 51

Original !kung story

li /aa Khoxa Sofia Jakobs

li /oa khoxa Sofia Jakobs li qa i ka !xo nyake /aa khoxa. Ee qa i sig/ahang tuu g/ahi Naro, !xuun, N/o ha n, taa /aqhika ka qaika g/aqha haa qae si/'aa'n Eeqaig/a'm ke kituu, ee qai//hoa si/ore ku. Ee qai/ai n/aisilin/aa ke qaig/aq'm kisike, Ee qainog si!″aa, Ee qaika !xonyake qae /'aa'n aqa Ee qai//hoa si O'aan ee ki tuu si n/‴aa ki G!agru ke, Ee gai mahti-si!″oa. Si ka khoxa gai ≠ai Oqugnu ku koro ku. Ee ke si-/aghe kai //"aaka Ee qai si /ai ee a //"aake si/aqhe. Ee qai qhang si g/aan /'ae' ke tuu Ee qoqa kuri kiskole ma'uh n/ai. n//aa ke qoga n/ang nn N/aan Ee tuu kisi taghi G!ahru, Ee ≠haa kuru ke bare

n/"uu. Ee qoqa q/ahi kuhmiN/ae ki tuu xata hu'l kai ki qoqa /"ung ki tuu ku si G!aqrita kuu si.

English Translation

Our legend late Chief Sofia Jakobs

Chief Sofia Jakobs was our !xoo traditional Chief who was in control of three San tribes. These are, !oa, !xoo and Naro. This lady was a very brave and hard working woman. She was lovely, she loved her people and she did not tolerate any nonsense against her people. She was really loveable.

This strong brave woman was there for everyone. She was the mother and father of the !xoo, Naro and loa people. She was the authority that was there to make sure that the San people did not suffer from hunger. She never slept when her people were suffering from hunger. So strong she was.

Our late queen had five children. Her husband passed away 21 years ago. She lived without a husband and she made sure that she deals with community issues by herself. Before she died, she made sure that she left a school for the San children because she fought for the San language to be taught in school. She also sought for a community sewing hall for the purpose of a community sewing project.

The san people use the hall for their sewing business.

The Chief saw that her people were suffering from hunger and she requested for cattle funding from the German people. The Germans gave her assistance which she distributed cattle to the San people. The San people are very happy with the service that she provided and what she did for them.

